



October News & Views

OCTOBER*
VOLUME 50 * ISSUE 10

President's Message

2021!



Happy Fall Y'all!

A favorite fall quote comes to mind, "Life starts all over again when it gets crisp in the fall." by F. Scott Fitzgerald at this time of the year. His quote makes me think we could all take a lesson from the change in season that is coming slowly to our corner of Texas. For example, the trees let go of their leaves so they can get quiet and still and begin again. We accept this in trees, but do we acknowledge this in ourselves?

Do we let go of what we no longer need or what no longer serves us? Too often we hold on fearing that nothing new will come. But something new always comes, that's the cycle of life. Trees don't worry whether or not their leaves will come back – they let them go and trust they will grow and thrive another season. Letting go of what you no longer need is part of growth, and letting go creates space for new things.

Don't you love the smells of the fall? I mean look at how "pumpkin spice" has taken a life of its own. I love those scents like pumpkin and apple cider and the feel of the weather. I love the changing seasons. I love how they gently remind us what to do. Fall is a reminder that even as school, work, and every other aspect of our life feels fast, we need a little more time to be slow. Notice what nature is doing and trust your "nature" to slow down a little earlier. You may find you get more done if you listen to your instincts about what feels right.

Fall is starting to happen right now. I talk to a lot of people who are already dreading the winter, worrying about the weather, complaining about what "may" come in the next few months. But as they complain, they are missing what is. Right now it's lovely, the weather is starting to become mild, and the Hill Country is an amazing place to be. We have the opportunity to be present for now, and right now, it's beautiful out there.

What a great time to come together as the KCWC to serve and recognize our fellow women within our community. Make time and room in your life to renew your commitment to the committees and roles you have volunteered to be a part of.

Wishing you pumpkin spice & everything nice!

Karen Martin
President



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Officers

Karen MaritinPresident
 Jo Carol Smith.....1st Vice President
 Paula Wilson2nd Vice President
 BK GambleSecretary
 Keely Herrod Treasurer

Committee Chairs

Auditing Brenda Beaty
 Beautification Janie Altgelt & Ruth Bauer
 Chaplain Ginny Bull
 Christmas Lighting Paula Wilson & Rose Bradshaw
 Communication Kathy LeSturgeon
 Deli Program Karen Argence
 Goodwill Jacquelyn Hall & Davella Ryno
 Historian Edna Vandiver
 Hostess Janelle Bullock
 Membership Paula Wilson & Tara Bushnoe
 Multimedia Tammy Myers & Rose Bradshaw
 Newsletter Rose Bradshaw
 Outstanding Woman Starla Garcia & Melissa West
 Parliamentarian Jo Carol Smith
 Property Paula Wilson & Rose Bradshaw
 Publicity..... Rose Bradshaw & Waverly Jones
 Scholarships Jody Jacoby & BK Gamble
 Ways and Means Kathy LeSturgeon
 Welcome/Ribbon Cuttings...BK Gamble & Cindy Clarke
 Volunteers To Go Rose Bradshaw & Waverly Jones
 Special Events*
 — Christmas Jo Carol & Ann
 — Christmas Parade Janell Bullock
 — 40th Anniversary Waverly Jones
 — Bessie Bovine Trish Wilson
 — Vet Appr Dinner Waverly & Rose



News & Views

Is the official publication of the Kerr County Women's Chamber, Inc. and is published monthly. For more information about the KCWC, please visit our website at:

www.kerrcountywomenschamber.org

Our mission is to work for the betterment of the Kerrville area community through charitable, civic, and environmental projects and programs.

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Important Notices



- Sew Toiletry Bags for Veterans, examples & patterns are available
- Diabetic Socks for Veterans- any size, men's or women's, both needed
- CAM food bank donations- non-perishables:

CAM appreciates all donations but cash goes a lot further than items.

Thank you for your Donations!



Beautification Winner



Beautification Award
presented to
Steve & Debi Maxwell
On
1105 Mary Francis, Kerrville, TX 78028
By

Kerr County Women's Chamber, Inc.



~ Beautification Award ~

Janie Altgelt & Ruth Bauer together with the Beautification Committee

Search and present a monthly award for the business or individual that show beauty in our community.

YOU CAN HELP BY NOMINATING A WORTHY YARD.

deli program

Items in need for the community food banks.

TOILETRIES - NON PERISHABLE ITEMS - AND FUNDS

(Needed most often are general pantry items like peanut butter, cereal, canned goods, and toiletries.)

Benefiting: CHRISTIAN ASSISTANCE MINISTRY

QUESTIONS, CALL
Karen Argence
830-370-3923

Committee Notes

RIBBON CUTTINGS

SEPTEMBER

10th Together With Hill Country Veterans
24th SouthStar Bank Branch



MULTIMEDIA

Please submit your pictures & happenings!

We want to feature YOU!

Committee Chairs please remember to submit your happenings for the newsletter to Rose Bradshaw, rose.bradshaw@sofastprinting.net

OUTSTANDING WOMAN OF THE YEAR

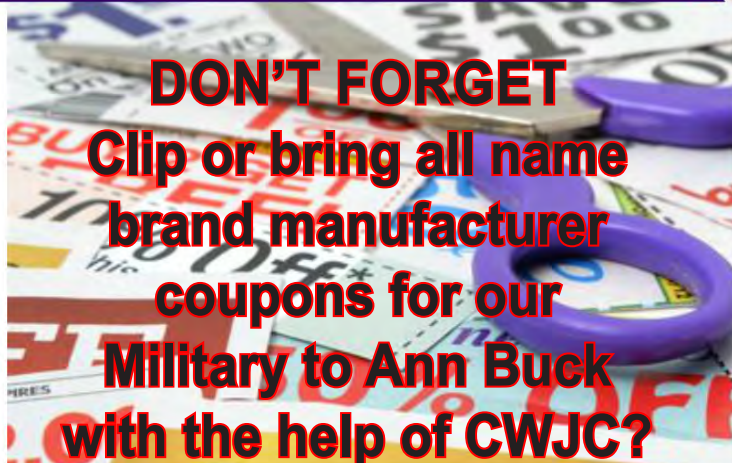
PDF application on website. **ON LINE.**

TELEPHONE

If you are not receiving emails please contact Kathy LeSturgeon at kerrcowc@yahoo.com. Reservations must be in by deadline for meetings by request of Rails.

SEND EXPIRED COUPONS TO MILITARY FAMILIES

www.militarywivessaving.com



Any questions, contact Ann Buck 830-928-5977.

DELI

Don't forget to bring your deli donations of reusable plastic bags or dollars and non perishable items. You will get an extra door prize ticket for your donations! Items such as cereals, instant potatoes, canned goods, peanut butter, jelly, popcorn, snacks, juices are needed. Also, laundry soaps, toiletries, and always cash donations are accepted.

GENERAL MEETING

Lunch begins at 11:30 at Rails Event Center on Schreiner St., with the meeting starting at noon. Lunch cost is \$15.00. **MUST** make your reservation for yourself and your guest's by the given deadline. **You may cancel your reservation up to 24 hours before meeting by e-mailing or calling Kathy LeSturgeon** The General Meeting is on the first Wednesday of each month.

Payment by check is preferable.



NEWSLETTER

This newsletter is for you, and we want to continue showing and sharing what we do personally and as an important part of our community.

So, submit all happenings to rose.bradshaw@sofastprinting.net

SHARE FAVORITE RECIPES AND QUOTES

GRILLED WINGS WITH CROWN PEACH GLAZE

1/2 cup Crown Peach
1/2 cup Honey
1/4 cup Soy sauce
2 tbsp. Thai chili sauce
1 packet (3/4 oz.) Stir-fry seasoning, Sun Bird
2 tsp. Crushed garlic, Gourmet Garden
4 lbs. Chicken wing drumettes
3 Scallions (green onions), finely chopped (optional)
1/4 cup Chopped peanuts, (optional)

In a large bowl, combine whisky, honey, soy sauce, chili sauce, stir-fry seasoning, and garlic. Add drumettes, tossing to coat. Cover with plastic wrap and marinate in refrigerator for at least 3 hours, preferably overnight. Set up grill for direct cooking over medium-high heat. Oil grate when ready to start cooking. Let drumettes stand at room temperature for 30 minutes. Place on hot, oiled grill. Cook for 12 to 18 minutes or until cooked through, turning occasionally. Transfer chicken to a platter. Sprinkle with chopped scallions and peanuts (optional).

Glaze
put your crown in a sauce pan reduce slightly add butter, honey, light brown sugar, garlic powder, onion powder, salt, black pepper stir and reduce if it seems to thicken just thin with a splash more crown.



LEMON GARLIC BUTTER CHICKEN THIGHS

3-6 skinless, boneless chicken thighs
1 pound green beans, trimmed
3 tablespoons butter, divided
4 garlic cloves, minced
1 teaspoon paprika
1 teaspoon onion powder
1/4 tsp. salt & cracked black pepper
Juice of 1/2 lemon
+ lemon slices, for garnish
1/2 cup chicken stock
1 tablespoon hot sauce
1/4 tsp. crushed red chili flakes, optional
1/2 cup fresh chopped parsley

In a small bowl, combine onion powder, paprika, salt, and pepper. Season chicken thighs generously with the spice mixture. Set aside while you prepare green beans. Arrange green beans in a microwave-safe dish with 1/2 cup water. Cook in the microwave for 8-10 minutes, until almost done but still crisp. Melt 2 tablespoons butter in a large skillet over medium-low heat. Lay the seasoned chicken thighs in one layer in the skillet. Cook for 5-6 minutes then flip and cook another 5-6 minutes, until cooked through and a cooking thermometer displays 165°F. If chicken browns too quickly, lower the heat. Adjust timing depending on the thickness. Transfer chicken to a plate and set aside.

In the same skillet, lower the heat and melt the remaining tablespoon of butter. Add chopped parsley, garlic, hot sauce, red crushed chili pepper flakes, and pre-cooked green beans and cook for 4 to 5 minutes, stirring regularly, until cooked to your liking. Add lemon juice and chicken stock and reduce the sauce for a couple of minutes, until slightly thickened. Add cooked chicken thighs back to the pan and reheat quickly. Adjust seasoning with pepper and serve the lemon garlic butter chicken thighs immediately, garnished with more crushed chili pepper, fresh parsley, and a slice of lemon if you like. Enjoy!



PEANUT BUTTER NO-BAKE COOKIES

1/2 Cup Peanut Butter
1/2 cup butter
2 cups of granulated sugar
1/2 cup cold milk
3 1/2 cups quick-cooking oats
1 tablespoon vanilla extract

Add your butter, sugar, and milk to a heavy-bottomed pot, bring to a rolling boil and boil for 1 minute while stirring. Take your pot off the heat and mix in your peanut butter, vanilla, and oats. Use a spoon to scoop and drop your cookie mixture onto a piece of parchment paper and let cool until firm.



**Strong Women
aren't simply born.
They are made by
the storms they
walk through.**



Share one of your favorites - email to rose.bradshaw@sofastprinting.net
Submit your recipes, hints or quotes
with a small message.

Thank you

Volunteer Opportunity

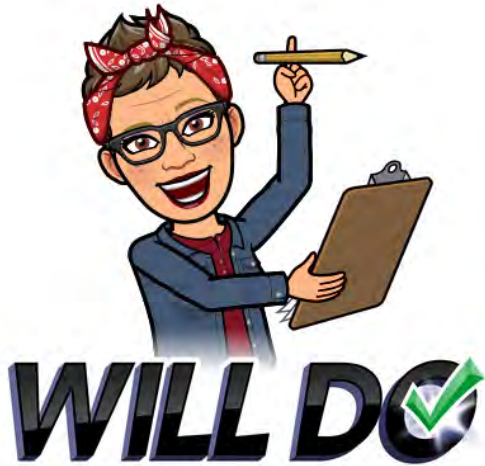
Opportunities for Kerr County Women's Chamber Volunteers.

Please call or email me if interested!!

830-377-8948 or rose.bradshaw@sofastprinting.net

1. October 28th - Chamber Banquet
2. November
3. December

I want to thank each of you members for ALL your time in volunteering and reaching Kerr County Women's Chamber out into the public.



Rose Bradshaw

Volunteers to Go Chairwoman

Waverly Jones

Volunteers to Go Co-Chairwoman

Our mission is to work for the betterment of the Kerrville area community through charitable, civic, and environmental projects and programs.

Help thy neighbors
Be Kind
Be Masked

A teal surgical mask with white ear loops and a white filter strip.



Monthly Member Highlight Highlight Details

- Highlighted Member will be listed on general meeting agenda.
- Opportunity to set out promotional items for all luncheon tables.
- Highlighted Member must arrive at 11:30 that month to have time to greet and visit with her own table guests.
- Highlighted Member will introduce self mini intro to what they do and their table guests – 5 minutes.
 - o Could ask an ice breaker question to all guests at her table and intro them by
 - Favorite ice cream flavor
 - First job
 - Favorite vacation
 - ie. This is Tara Bushnoe and she worked nights sorting mail at the post office as a summer job

Remaining questions

- Only one Monthly Member Highlight each monthly meeting.
- Donation of at least \$25 to be Monthly Member Highlight.
- Seating of attendees at the Highlighted Member table will be at random as they arrive.
- Starting the program in May with Waverly Jones with the Dietert Center.
- Members interested in becoming the MMH for future months, contact Trish Wilson at trish@trishwilson.live or 830-459-3820; payment can be made via online, or at the meeting for the month assigned.
- Ways and Means Committee / Trish Wilson contact.

Want to be the HIGHLIGHT of the next KCWC Monthly Meeting?

KCWC is introducing a new program that will help the entire membership get to know one another a little better in the months ahead. We are looking for members who would like to highlight their business during our monthly meetings. For a minimum \$25 donation to KCWC, a member is able to:

- Place promotional items on tall the tables at the luncheon for members to take.
- Host their own table by getting to know each person sitting there with a great icebreaker question (What is your favorite vacation place?).
- Promote their business during the meeting with a brief 5 minute commercial.
- Introduce their tablemates with the answers to their icebreaker question.
 - o This is Rose, her favorite vacation place is Italy.
- Have their Monthly Member Highlight in the Monthly Newsletter as well.

This is an opportunity to get to know each other better and really support each other in business. Consider being the HIGHLIGHT Member of a KCWC Monthly Meeting in the future!



Member Moments -



Member Moments - Happenings



**KERR COUNTY WOMEN'S CHAMBER, INC.
MEMBERSHIP INFORMATION FORM**

<i>Amt pd:</i> _____
<i>Date pd:</i> _____
<i>Method:</i> _____

Date completed: _____

_____ New Member _____ Renewal - Member since _____

Please complete this information and give to the Membership Chair with your membership dues of \$30.00 payable to KCWC (\$15 if you are a new member joining during November – April). You can also mail this form and your dues to: Kerr County Women's Chamber, Inc. PO Box 290621, Kerrville, TX 78029. Your membership application is not complete until dues are received.

Name: _____ **Home Phone:** _____

Address: _____ **Work Phone:** _____

City: _____ **State:** ____ **Zip:** _____ **Cell Phone:** _____

E-Mail: _____ **Fax #:** _____

Birthday: Month _____ **Day** _____

Business Name: _____ **Position:** _____

Spouse: _____ **Anniversary:** _____ **Children:** _____

Hobbies: _____

Other Organizations: _____

**PLEASE INDICATE BELOW ON WHICH COMMITTEE YOU WOULD LIKE TO SERVE:
(You may choose more than one)**

_____ **BEAUTIFICATION:** Selects monthly recipients of the Beautification Award, develops plans for KCWC beautification projects in our community, represents KCWC at patriotic events and ceremonies such as Veterans Day and Memorial Day.

_____ **BYLAWS:** Responsible for updating the By-laws and shall be chaired by the Parliamentarian.

_____ **CHRISTMAS LIGHTING:** Responsible for the Christmas lighting program at Tranquility Island or any other Christmas lighting project that the Corporation may vote to sponsor; aid other organizations in promoting projects for "Christmas in the Hills"; manage and coordinate such projects as may be approved by the Board.

_____ **COMMUNICATION:** Call board members and general members to take reservation for meetings; obtain a current membership list from the Membership Committee monthly; inform the luncheon host of total number of reservations for each meeting; provide a reservation list of members and guests to the Treasurer before each meeting; call members for special events or notices as requested by the Board.

_____ **DELI PROGRAM:** Collect food and cash donations provided by members at the monthly membership meetings. Deliver items to the designated food bank. Shop for food bank items needed using cash donations.

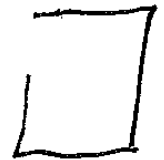
- ___ GOODWILL: Responsible for sending cards to members in hospital, make monetary memorials on death of immediate family members. Announce birthdays for the month at each meeting.
- ___ HOSTESS: Make arrangements for luncheons and special meetings of the Corporation; be responsible for hostesses to greet members and visitors at meetings; plan and implement decorations for regular and special meetings of the Corporation.
- ___ MEMBERSHIP & HOSPITALITY: Promotes membership expansion through the encouragement of renewals and recruitment of new members. Arranges for new member name badge/t-shirts and promotes involvement of new members. Hospitality committee greets members at the door each meeting and hands out door prize tickets for attendance and wearing name badges to meetings. Also handles collection of door prizes for monthly drawings.
- ___ MULTIMEDIA: Shall prepare a Newsletter for distribution at each regular meeting to include birthdays, illnesses, grand openings, new member introductions, special events (both upcoming and after the fact) and any other newsworthy items to keep membership informed. Chair to oversee the website design and maintenance.
- ___ OUTSTANDING WOMAN AWARD: Distributes and collects applications in July and August; arranges for Applications to be judged so winner is determined in time for presentation at the Annual Chamber of Commerce Banquet in September; has a plaque prepared for presentation by KCWC President.
- ___ PROPERTY: Keep inventory of all KCWC property; be responsible for loan and return of all such property; responsible for securing and maintaining rental storage facilities.
- ___ PUBLICITY: Responsible for the releases to the news media, insuring that they are timely, accurate and in the interest of the Corporation; Present notices of all meetings and events to the news media in time for the monthly Calendar of Events, including date, time and place of meetings, the agenda and an invitation to all interested to attend. Present follow up articles to the news media; arrange for reporters and/or photographers to be present at significant Corporation events; assist all committees with publicity campaigns.
- ___ SCHOLARSHIPS: Distribute applications to women in the Kerr County area who wish to further their career thru education, promoting the Women Helping Women Scholarship Program. Responsible for publicity, determine worthy recipients, and make arrangements to introduce the scholarship winners at the general meeting.
- ___ VOLUNTEERS TO GO: Volunteers to Go assists other civic organizations with events needing help as requested.
- ___ WAYS & MEANS: Develops and organizes events and fund raising projects other than. Special Events, as approved by the membership in order to fund the KCWC community projects and Women Helping Women Scholarships Program.
- ___ WELCOME & RIBBON CUTTING: Serve as official representative of the Corporation at special events upon request; attend all business grand openings or see that the Corporation is represented by one of our members; invite new business owners to introduce their business at general membership meeting; report new business to the Board and general membership monthly, keeping adequate records for the annual report.

Did a KCWC member introduce you to the organization? Yes No If so, who? _____

Cloth Bags for Female patients at VA

Original cloth size: 44" x 12". Also need 37" yarn or heavy string and 2 buttons.

Iron cloth flat. Fold lengthwise with right sides facing and sew right side from top to bottom. Sew left side from bottom to 14 inches from the top; stop.

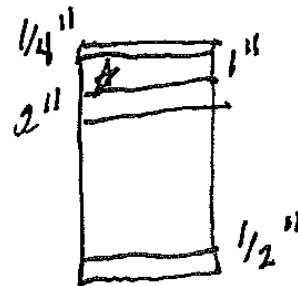


To create an opening on the left side, fold under remaining 7-8" on left side along seam line and sew each fold line from previous stopping point to the top on both sides of seam. Backstitch along the bottom split.



Fold top selvage down inside bag 2" all the way around the top from back left side to front left side; iron flat; do this again so there are two 2" folds. Iron flat. Sew the fold three times: 1/4" from top; 1" from top; 2" from top. Backstitch all ends.

Size should now be 18-18.5" long and 11" wide.




Use safety pin to pull 37" yarn or heavy string through middle casing line from left front to left back. Thread each end of yarn through a large button and tie end securely under each button. Sew 1/2" seam along bottom of bag for added strength and to shorten the length slightly. Finished!

Member Moments on Facebook



Old age comes
coffee and jelly beans
at a bad time...
you finally know
everything,
just in time
to forget it.



COFFEE AND JELLY BEANS



WINNER-WINNER
Chicken
DINNER

A cartoon illustration of a red chicken with a large red comb and wattle, looking to the left. It is positioned to the right of the text.





Ribbon Cuttings



We are growing and if you have a business, you can schedule a ribbon cutting through the womens chamber. Contact Rose or BK to get you scheduled.

Special Thanks To Our Continued Supporters



The Hill Country
COMMUNITY JOURNAL
Your News is Our News

